NHS
Central and North West London
NHS Foundation Trust

Parent Webinars 2026

CNWL London Mental Health Support Team



Supporting Neurodivergent young people's wellbeing

Join this webinar to learn practical tools and tips to support the emotional wellbeing of neurodivergent children, including those who are Autistic and have attention differences (ADHD).

Thursday 29 October
Time: 12-1pm



Supporting Transitions and Change

A webinar dedicated to helping parents help their child manage transitions, such as moving from primary to secondary school, which can be anxiety provoking!

Friday 27 November
Time: 12-1pm

If your child/children is attending a Brent/Harrow/Hillingdon school, this is for you.
It is FREE to join! Please use the QR code below to register.
We look forward to seeing you.

For query, please email:
Brent: cnwl.adminbrentmhstcamhs@nhs.net
Harrow: cnwl.adminharrowmhstcamhs@nhs.net
Hillingdon: cnwl.adminhillingdonmhstcamhs@nhs.net