

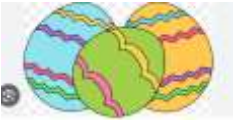








30th March to 10th April 	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 
<p style="text-align: center;">Easter Holiday Timetable</p> <p>www.brent.gov.uk/familywellbeingcentres</p> <p>Alperton Family Wellbeing Centre Ealing Road, Wembley HA0 4PW 0208 937 3860 Alperton.FWC@brent.gov.uk</p> <p style="text-align: center;">TRIAGE</p> <p>The Triage service offers short term support to families to access both universal and targeted services Drop in and appointments. 0208 937 3860</p> <p>Useful Links</p> <p>The Local Offer for Children with Special Educational Needs and Disabilities (SEND) https://www.brent.gov.uk/children-young-people-and-families/send-local-offer</p> <p>Brent Youth Zone https://www.brentyouthzone.org.uk/</p> <p>Children and Family Information Service (CFIS) Provides information and advice on a range of services for families, including childcare and early education. https://www.brent.gov.uk/children-young-people-and-families</p>	<p>Health Review Checks 9:00am – 5:00pm 1 - 2 year old health reviews Appointments only (Health room)</p> <p>Employment Support and Advice (over 18's) 10.00am – 3.30pm Referrals/Appointments (Small room)</p> <p>Registration Drop in 2pm – 4pm Come and get help to register with the FWC</p> <p>Family Financial Resilience Support – CAB Independent advice in all legal matters Weekly - Drop in Service 9.30am – 3.30pm</p>	<p>Health Review Checks 9:00am – 5:00pm 1 - 2 year old health reviews Appointments only (Health room)</p> <p>Felix Project Food Donations 2 pm – 4.30pm Food Parcel Support for families in need of food. (Small room)</p>  <p>Growing Together Parenting the Early Years 11.30am – 1.30pm 31st March 7th April 14th April 21st April creche requested Waiting for Tracey to confirm</p>	<p>Prospects 1:00pm -5:00pm Support with training / Employment for young people Referrals/Appointments Only (Health room)</p> <p>Registration Drop in 11.30 am – 1pm Come and get help to register with the FWC</p> <p>Art Club 2pm – 4pm Age – 8 – 14 years Online booking 1st & 8th April</p>  <p>Young Carers 4.30pm – 6pm 8 years plus 1st Weds of the month Referral / By Appointment (Creche room)</p>	<p>Citizen's Advice Brent 9:00 am – 4:00 pm Independent advice in all legal matters. Weekly by Appointments (Health room)</p>  <p>Brent - PAIRS 1.30pm – 5pm By Appointment / Referral Age – 0 – 2 years</p> <p>Steel Pan Workshop 2pm – 3.30pm Age 8 years plus 2nd & 9th April Online booking</p>  <p>Movie Club 11am – 1pm 2nd April 2026 Age 6 -12 years Online booking</p> 	<p>Health Review Checks 9:00am – 5:00pm 1 - 2 year old health reviews Appointments only (Health room)</p> <p>Mixed Martial Arts 2pm – 4pm 10th April 8–14-year-olds. Online booking (Creche room)</p>  

Easter Holiday Timetable

Early Years 0-5 years Activities

Registration link:

www.brent.gov.uk/familywellbeingcentres



Free Vitamins

MONDAY TO FRIDAY

Give your baby the best start in life. For pregnant women and children aged 0 – 4 years

Pick up your free vitamins from reception
Drop ins



Holidays Activities and Food Programme

Provides free access to activities and healthy meals to eligible children during school holidays.

<https://www.brent.gov.uk/children-young-people-and-families/childcare-and-early-education/holiday-activities-and-food-programme#abouthaf>

MONDAY

Toddler Talk

10:00am - 11:00 am
18 months to 3 years
Online booking
(creche)

Breastfeeding support session

1.00pm – 3.00pm
Age – Babies
Drop Ins
(creche)



Let's Talk

1.30pm - 2.30pm
Age - 14 months – 3.5 years
Online booking
(Creche)

Toy Library Drop-In

0 – 5 years
3pm – 4.30pm
Parents can loan educational and fun toys.
Membership & £5 deposit required.
3 toys can be borrowed, and the deposit will be returned.

TUESDAY



Dance Workshop

2pm – 4pm
7 – 14 years
31st March & 7th April
Online booking



WEDNESDAY

Baby sensory

10:00am - 10:45am
0 – 12 months
Online booking
(Creche)



CFIS

10am – 3pm
Children & Families
Information guidance on childcare
Drop in and appointments



THURSDAY

Story and Rhymes

10.00am – 11:00am
0 – 5 years
Online booking
(Creche divided)



Introduction to Solids

1pm – 2.30pm
Age 4 – 8 months
Weaning advice from the Health Visiting Team
2nd Thursday of the month
(Training Room)

Toy Library Drop-In

0 – 5 years
9.30am – 11.30am
Parents can loan educational and fun toys.
Membership & £5 deposit required.
3 toys can be borrowed, and the deposit will be returned.



FRIDAY

Dads Fun Friday

6 – 8 pm
16th Jan
20th Feb
20th March
17th April
15th May
19th June

book online under 3T's
FWC

