



Elsley Primary School PSHE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	RELATIONSHIPS Feelings and Emotions/ Valuing Differences	HEALTH AND WELL-BEING Growing and Changing/ Healthy Lifestyles	LIVING IN THE WIDER WORLD Rights and Responsibilities	LIVING IN THE WIDER WORLD Rights and Responsibilities	RELATIONSHIPS Valuing Difference/Healthy Relationships	HEALTH AND WELL-BEING Healthy Lifestyles
Year 2	HEALTH AND WELL-BEING Growing and Changing/Heathy Lifestyles	HEALTH AND WELL-BEING Keeping Safe	LIVING IN THE WIDER WORLD Taking Care of the Environment / Right and Responsibilities	LIVING IN THE WIDER WORLD Rights and Responsibilities/Money	RELATIONSHIPS Feelings and Emotions/ Healthy Relationships	RELATIONSHIPS Valuing Difference/ Healthy Relationships
Year 3	HEALTH AND WELL-BEING/ RELATIONSHIPS Valuing Difference	LIVING IN THE WIDER WORLD Being part of a Community	RELATIONSHIPS Friends and Family	HEALTH AND WELL-BEING Growing and Changing	HEALTH AND WELL-BEING Healthy lifestyles	LIVING IN THE WIDER WORLD Rules and Responsibilities
Year 4	HEALTH AND WELL-BEING Health and Safety	RELATIONSHIPS Respecting Feelings and Boundaries	RELATIONSHIPS Solving conflict and recognising bullying	HEALTH AND WELL-BEING Positive and Negative effects of mental and emotional health	LIVING IN THE WIDER WORLD Rules and Laws	LIVING IN THE WIDER WORLD/ HEALTHY AND WELL-BEING Money
Year 5	LIVING IN THE WIDER WORLD Supporting your Community	LIVING IN THE WIDER WORLD Responsibilities and consequences	HEALTH AND WELL-BEING Dealing with Pressure	HEALTH AND WELL-BEING Allergies and Immunisation	RELATIONSHIPS Marriage	RELATIONSHIPS Physical Illness
Year 6	RELATIONSHIPS Feelings and Healthy Relationships	RELATIONSHIPS Recognising Unhealthy Relationships	LIVING IN THE WIDER WORLD Importance of sleep	LIVING IN THE WIDER WORLD Rights and Responsivities	HEALTH AND WELL-BEING Changes through Puberty	HEALTH AND WELL-BEING Independence and Transition