



Barnardo's and Brent Out of Hours Family Support Helpline

Our helpline and webchat service will provide families in Brent with access to a Barnardo's family support worker during evenings and weekends. The service is part of Brent's Family Wellbeing Centres.

Our experienced and friendly team will offer information, advice and support and can help you with:

- Yours and your child's family support and wellbeing needs during evenings and weekends.
- Registering with a Family Wellbeing Centre.
- Accessing other services in Brent, including support with the Cost-of-Living Crisis.

Who can access this service?

Our service is **free to access for any family living in Brent.**

Translators are also available on request.

Please note that this is not a crisis service – if you or someone you are with is in immediate danger call 999.

How can I access the service?



The service will be available by scanning the QR code.

Or by telephone on **0800 158 2358.**

You can also schedule a videocall by contacting:

brentfamilysupport@barnardos.org.uk

Opening Hours

Saturday and Sunday: 10am – 5pm

Monday, Wednesday, Friday: 6pm – 10pm